

Scotland County Health Department

Health and Wellness Resource Guide 2019-2020



Scotland County Health Department
1405 West Boulevard
Laurinburg, NC 28352
(910) 277-2440



Health and Wellness Resources in Scotland County

ADULT CARE HOMES/NURSING FACILITIES

Blair Assisted Living and Family Care
301 McLaurin Ave., Laurinburg, NC 28352
(910) 276-7995

Lumbee Heritage Elders Assisted Living
16220 Lumbee Heritage Lane
Laurinburg, NC 28352
(910) 291-0057

Morning Star Family Care Home
301 S. Caledonia Rd., Laurinburg, NC 28352
(910) 276-9078

Prestwick Village Assisted Living
1000 Johns Road, Laurinburg, NC 28352
(910) 276-5950

Scotia Village Assisted Living/Skilled Nursing
2200 Elm Avenue, Laurinburg, NC 28352
(910) 277-2000

Scotland County Adult Day Health Care
425 E. Church St. Laurinburg, NC 28352
(910) 276-4554

Scottish Pines Rehab and Nursing Home
620 Johns Road, Laurinburg, NC 28352
(910) 276-8400

Willow Place Assisted Living and Memory Care
1703 Stonewall Rd., Laurinburg, NC 28352
(910) 276-9211

AGRICULTURAL RESOURCES

Scotland County Cooperative Extension Office;
4-H, Family and Consumer Sciences,
Horticulture Agent, and 4-H EFNEP
231 E. Cronly St., Laurinburg, NC 28352
(910) 277-2422

Scotland Farm Bureau
223 Atkinson St., Laurinburg, NC 28352
(910) 277-3553

NC Forest Service Rangers Office
(910) 576-5481

NC Wildlife Resource Commission
(910) 439-5103

Poultry Agent
(704) 283-3743

Soil and Water Conservation Service
(910) 277-2433

ALCOHOL/SUBSTANCE MISUSE

Alcohol/Drug Council of North Carolina
Info and Referral to Treatment 1-800-688-4232

Agape Associates
619 S. Main St., Laurinburg, NC 28352
(910) 276-2072

Al-Anon 800-356-9996

Eastpointe Substance Abuse Prevention
800-913-6109

Generation Health Services, LLC
911 Atkinson St., Laurinburg, NC 28352
(910) 291-9909

Monarch
207 W. 29th Street, Lumberton, NC
(910) 618-5606

Murray Fork Clinic of Laurinburg
704-B Lauchwood Drive, Laurinburg, NC
(917) 939-2749

Narcotics Anonymous

Southeastern SELF Recovery (Southeastern
Regional Medical Center)
1224 Biggs St., Laurinburg, NC 28352
(910) 276-7360

Scotland Family Counseling Center
1603 Medical Dr., Laurinburg, NC 28352
(910) 276-7011

Vocational Rehabilitation Services
1-800-215-7227

Walter B. Jones Alcohol & Drug Treatment Ctr
2577 W. 5th Street
Greenville, NC 27834 252-830-3426

AMERICAN RED CROSS

Scotland County Chapter
501 Westwood Way, Laurinburg, NC 28352
(910) 276-0600

ANIMAL SERVICES

Scotland County Animal Control
1405 West Blvd., Laurinburg, NC 28352
(910) 277-2440

City of Laurinburg Animal Control
503 Hall St., Laurinburg, NC 28352
(910) 276-2364

Health and Wellness Resources in Scotland County

ANIMAL SERVICES, Con't

Academy Animal Hospital of Laurinburg
11241 Andrew Jackson Highway
(910) 276-6068

Scotland Veterinary Hospital
17860 Andrew Jackson Highway
Laurinburg, NC 28352
(910) 240-0144

X-Way Road Animal Hospital
13041 X-way Road, Laurinburg, NC 28352
(910) 276-5300

BLIND/DEAF/SPEECH IMPAIRED SERVICES

American Council on the Blind 800-424-8666
EyeCare America 800-222-3937

Department of Social Services
1405 West Blvd., Laurinburg, NC 28352
(910) 277-2500, ext. 3353

NC Library for Blind 888-388-2460

Starkey Hearing Foundation 866-354-3254

NC Dept. of Health and Human Services
(919) 855-4800

Relay NC 711

CapTel 888-269-7477

CHAMBER OF COMMERCE

Scotland County Chamber of Commerce
606 Atkinson St., Laurinburg, NC 28352
(910) 276-7420

CHILD ABUSE

Child Help- National Child Abuse Hotline
(800) 422-4453

Department of Social Services
(910) 277-2500

National Center for Missing and Exploited
Children
(703) 274-3900

CHILDREN'S AND YOUTH CONCERNS

Child Help- National Child Abuse Hotline
(800) 422-4453

National Child Safety Council (800) 222-1464

CHILDREN AND YOUTH CONCERNS CON'T

National Run-Away Switchboard(800) 786-2929

Partners in Ministry Resource Center
12 3rd Street, Laurinburg, NC 28352
(910) 277-3355

Sandhills Children's Developmental Services
Agency (CDSA) 1-866-368-7199 (toll free)

Safe Kids Mid-Carolinas – First Health
925 South Long Drive
Rockingham, NC 28379
(910) 417-3735
(910) 277-2470, Ext. 4478

Scotland County 4-H Club
231 E. Cronly St., Laurinburg, NC 28352
(910) 277-2422

Scotland County Health Department
1405 West Blvd., Laurinburg, NC 28352
(910) 277-2440

Scotland County Partnership for Children and
Families – Smart Start
107 McRae St., Laurinburg, NC 28352
(910) 576-2363

Scotland Youth Center
406 Biggs Street, Laurinburg, NC 28352
(910) 277-2727

Scots for Youth Volunteer Program
303 Atkinson St., Laurinburg, NC 28352
(910) 276-5477

CHIROPRACTORS

Chiropractic Urgent Care
1000 S. Main St., Laurinburg, NC 28352
(910) 266-0222
Laurinburg Chiropractic Clinic
517 Atkinson St., Laurinburg, NC 28352
(910) 276-0008

CITY of LAURINBURG OFFICES

City of Laurinburg/City Manager
305 W. Church St., Laurinburg, NC 28352
(910) 276-8324

Beautification Department
(910) 276-8257

Community Development/Planning and Zoning
(910) 276-8257

Laurinburg Fire Department
(910) 276-1811

Health and Wellness Resources in Scotland County

CITY of LAURINBURG OFFICES CON'T

Laurinburg Police Department
303 W. Church St., Laurinburg, NC 28352
(910) 276-3211

Public Works/Recycling/Sanitation
503 Hall St., Laurinburg, NC 28352
(910) 276-2364

City Tax Office
303 W. Church St., Laurinburg, NC 28352
(910) 276-1521

Wastewater Treatment Plant
503 Hall St. Extension, Laurinburg, NC 28352
(910) 276-3522

COUNCIL ON AGING

Area Agency Council on Aging
Scotland Senior Center
1210 Turnpike Rd., Laurinburg, NC 28352
(910) 277-2585 or (910) 618-5533

COUNTY OFFICES

Administration/County Manager
507 W. Covington St., Laurinburg, NC 28352
(910) 277-2406

Board of Elections
231 E. Cronly St., Laurinburg, NC 28352
(910) 277-2595

Building Inspection
507 W. Covington St., Laurinburg, NC 28352
(910) 277-2415

Cooperative Extension Services
231 E. Cronly St., Laurinburg, NC 28352
(910) 277-2422

Judicial System/Courthouse/Clerk of Court
212 Biggs St., Laurinburg, NC 28352
(910) 266-4400

Scotland County Health Department
1405 West Blvd., Laurinburg, NC 28352
(910) 277-2440

Scotland County Parks and Recreation
1210 Turnpike Rd., Laurinburg, NC 28352
(910) 277-2585

Scotland County Register of Deeds
212 Biggs Street, Laurinburg, NC 28352
(910) 277-2575

COUNTY OFFICES CON'T

Scotland County Sanitary Landfill
10700 Patterson Rd., Laurinburg, NC 28352
(910) 277-2421

Scotland County Sheriff's Office
212 Biggs St., Laurinburg, NC 28352
(910) 276-3385

Department of Social Services
1405 West Blvd., Laurinburg, NC 28352
(910) 277-2500

Scotland County Soil Conservation Service
231 E. Cronly St., Laurinburg, NC 28352
(910) 277-2433
Scotland County Tax Office
212 Biggs St., Laurinburg, NC 28352
(910) 277-2566

Scotland County Transportation Office
1403 West Blvd., Laurinburg, NC 28352
(910) 277-2416

Scotland County Veteran's Services
311 Yadkin Ave., Laurinburg, NC 28352
(910) 277-2597

CRISIS COUNSELING

National Suicide Prevention Lifeline
800-273-TALK

CHRISTMAS CHEER (OCT. TO DEC.)

Church Community Services
108 S. Gill St., Laurinburg, NC 28352
(910) 276-8330

DENTISTS/DENTAL HEALTH

Dr. Michael T. Henry, DDS
503 Westwood Way, Laurinburg, NC 28352
(910) 276-4140

Palmetto Dental Health Associates, PA
103 E. Tatum Ave., McColl, SC
(843) 523-5291

Dr. John H. Slaughter, III, DDS
411 W. Cronly St., Laurinburg, NC 28352
(910) 277-0661

Dr. Watson Moses, III, DDS
426 S. King St., Laurinburg, NC 28352
(910) 276-9688

Health and Wellness Resources in Scotland County

DENTISTS/DENTAL HEALTH CONT

Dr. Daniel Williams, DDS, PA
501-B Westwood Way, Laurinburg, NC 28352
(910) 276-3166

East Carolina School of Dentistry Robeson Co
600 Country Club Rd., Lumberton, NC
(910) 737-6457

Richmond County Health Department
Dental Clinic
125 S. Hancock Street
Rockingham, NC 28379
(910) 417-4933

Village Family Dental
Knowles, Smith & Associates, LLP
109 McAlpine Lane, Laurinburg, NC 28352
(910) 276-6640

DEVELOPMENTAL DISABILITIES

Monarch Behavioral Health
103-B McAlpine Lane, Laurinburg, NC 28352
(910) 277-2663

NC Council on Developmental Disabilities
(919) 850-2901

RHA Behavioral Health Services
1779 S. Main Street, Laurinburg, NC 28352
(910) 277-3212

Friends of Scotland Enterprises 866-272-7826

DIABETES EDUCATION/PROGRAMS

Community Diabetes Support Group Education
3rd Tuesday of each month 5:30 to 6:30pm
(910) 277-2470, Ext. 4478 or (910) 291-6933

Scotland Community Health Clinic
(910) 276-9912

Scotland County Health Department
(910) 277-2440

Scotland Health Care System
(910) 291-6933

DISASTER RELIEF/ARMED FORCES

EMERGENCY ASSISTANCE

American Red Cross (910) 276-0600

Church Community Services (910) 276-8330

United Way Scotland County (910)276-6064

DOMESTIC VIOLENCE/RAPE COUNSELING

Domestic Violence and Rape Counseling Center
P. O. Box 2130, Laurinburg, NC 28353
(910) 277-5505

24 Hour Crisis Hotline (910) 276-6268

EMPLOYMENT

NC Dept of Commerce, Division of Employment
Security
303 N. Main St., Laurinburg, NC 28352
(910) 276-4260

Employment Staffing
436 Atkinson St., Laurinburg, NC 28352
(910) 266-8001

Title V Adult Employment Services
(910) 258-6271

Two Hawk Workforce Services
303 N. Main St., Laurinburg, NC 28352
(910)276-4260

EMERGENCY

911

EYE HEALTH

My EYE Doctor
215-A Lauchwood Dr., Laurinburg NC 28352
(910) 276-1993

Carolina Eye Associates
514 S. Main St., Laurinburg, NC 28352
(910) 276-4075

Frank E. Roofe, III, O.D. Family Eye Care
509 Lauchwood Dr., Laurinburg, NC 28352
(910) 276-9256

The Laser Eye Institute – Dr. Kurt A. Jute, O.D.
1603 Medical Dr., Laurinburg, NC 28352
(910) 277-1411

Wal-Mart Vision Center - Laurinburg
901 U.S. Highway 401 S., 28352
(910) 266-9424

FIRE DEPARTMENTS

Gibson Fire Department (910) 268-4872

Laurel Hill Fire Department (910) 462-3230

Laurinburg Fire Department (910) 276-1811

Spring Hill Fire Department (910) 291-3119

Stewartsville Fire Department
8781 Johns Rd., Laurinburg, NC 28352
(910) 276-9410

Health and Wellness Resources in Scotland County

FITNESS CENTERS/HEALTH CLUBS

Fitcare (Family Fitness Center)
321 Plaza Rd., Laurinburg, NC 28352
(910) 277-0099

FOOD PANTRIES/NUTRITION

Church Community Services
212 Biggs St., Laurinburg, NC 28352
(910) 276-8330

Department of Social Services
1405 West Blvd., Laurinburg, NC 28352
(910) 277-2500

First United Methodist Church
101 West Church Street
(910) 276-1592

Meals On Wheels - Home Delivered Meals
(910) 618-5533

Scotland County Cooperative Extension
231 E. Cronly Street, Laurinburg, NC 28352
(910) 277-2422

Restoring Hope Center, Inc. (910) 276-4460

Scotland County Nutrition Sites (910) 618-5533
Saint Luke United Methodist Church
1501 S. Turnpike Rd., Laurinburg, NC 28352
(910) 276-6821

Star of Bethlehem United Methodist Church
1210 S. Caledonia Rd., Laurinburg, NC 28352
(910) 276-7792

Spring Hill Baptist Church – Wagram
(910) 369-2335

HEALTH INSURANCE/MEDICAID/MEDICARE

Seniors' Health Insurance Information Program (SHIIP) 855-408-1212
Local SHIIP Scotland Place 910-277-2550
Department of Social Services 910-277-2500
Social Security – Rockingham 877-405-7673
Social Security – Lumberton 866-931-7099

HEALTH SERVICES

AIDS Hotline 800-CDC-INFO
American Cancer Society 800-227-2345
American Heart Association 800-242-8721
American Lung Association 800-LUNG-USA
Department of Social Services (910) 277-2500
Health and Human Services
Hotline 1-800-MEDICARE

HEALTH SERVICES CONT

Highland Primary Care Family Practice
515-A Lauchwood Dr., Laurinburg, NC 28352
(910)506-4510

Home Care of the Carolinas 800-222-6819

Leukemia and Lymphoma Society
(Charlotte) 704-998-5012

Library of Congress - Division of the Blind
and Physically Handicapped 800-424-8567

Laurinburg Dialysis
701 Lauchwood Dr., Laurinburg, NC 28352
(910) 276-6669

Scotland County Health Dept. (910) 277-2440
HIV/AIDS Early Intervention Clinic
Labs 2 Go Services

Scotland Memorial Hospital (910)-291-7000

Scotland Community Health Clinic
1405-B West Blvd., Laurinburg, NC 28352
(910) 276-9912

Scotland County Community Health Center
705-B Lauchwood Dr., Laurinburg, NC 28352
(910) 506-4682

HOME HEALTH AGENCIES/SERVICES

Carolina Hearts Home Care
600 S. Main St., Laurinburg, NC 28352
(910) 277-2505

First Health Home Care 800-876-2212

HealthKeeperz 800-309-3784
231 E. Cronly St., Laurinburg, NC 28352
(910) 277-2484

Impact Home Care Services
1620 S. Main St., Laurinburg, NC 28352
(910) 276-4644

Interim Health Care Services
214 McLean St., Laurinburg, NC 28352
(910) 277-4272

Liberty Home Health Services (910) 844-1008

Native Angels Home Care (910)735-1541

Rainbow 66 Storehouse
525 Atkinson St., Laurinburg, NC 28352
(910) 276-0766

Health and Wellness Resources in Scotland County

HOSPICE

Scotland Regional Hospice 1-877-276-7176
610 Lauchwood Dr., Laurinburg, NC 28352

Hospice of Richmond County (910) 997-4464

HOSPITALS

Scotland Health Care System (910) 291-7000
(Scotland Memorial Hospital)
500 Lauchwood Dr., Laurinburg, NC 28352

Southeastern Regional Medical (910) 671-5000
Center
300 W, 27th St., Lumberton, NC

HOUSING/HOUSING AUTHORITY

Habitat for Humanity Scotland County
12340 McColl Road
Laurinburg, NC 28352
(910) 276-3337

Laurinburg Housing Authority Main Office
1300 Woodlawn Dr., Laurinburg, NC 28352
(910) 276-2582

Laurinburg Housing Authority
420 Stewartville Rd., Laurinburg, NC 28352
(910) 277-0667

LEGAL SERVICES

Legal Aide of NC 866-219-5262
Senior Legal Helpline 877-579-7562
Legal Aide of NC – Pembroke (910) 521-2831

LACTATION (Breastfeeding) CONSULTANT

Scotland County Health Department
1405 West Blvd., Laurinburg, NC 28352
(910) 277-2470, Ext. 4490

Scotland Memorial Hospital/Women’s Center
500 Lauchwood Dr., Laurinburg, NC 28352
(910) 291-7000

LIBRARY

Scotland County Memorial Library
312 Church St., Laurinburg, NC 28352
(910) 276-0563

MEDICATION ASSISTANCE PROGRAM

Medicare 800-633-4227

North Carolina Drug Card 828-638-4567

MEDICATION ASSISTANCE PROGRAM, Con’t

NC MedAssist 704-536-1790
4428 Taggart Creek Rd., Suite 101
Charlotte, NC 28208

Partnership for Prescription Assistance
888-477-2669

Scotland Community Health Clinic
1405-B West Blvd., Laurinburg, NC 28352
(910) 276-9912

Seniors Health Insurance Information Program
(SHIIP) – Scotland Place (910) 277-2550

MENTAL HEALTH SERVICES

Eastpointe Mental Health Services
800-913-6109

Family First Support Center, Inc.
1112 Atkinson St. Laurinburg, NC
(910) 610-4222

Friends of Scotland Enterprises 866-272-7826

Greater Image Behavioral Health Center
401 Robeson Street
Fayetteville, NC 28301
(910) 321-0069

Murray Fork Clinic of Laurinburg
704-B Lauchwood Dr., Laurinburg, NC 28352
(917) 939-2749

Primary Health Choice, Inc.
505 S. Atkinson St., Laurinburg, NC 28352
(910)277-0001

ReNew Life Group, LLC
118-C James Street
Laurinburg, NC 28352
(910) 291-0078

Sandhills Behavioral Center, Inc.
821 S. Main St., Laurinburg, NC 28352
(910) 266-0092

Scotland Family Counseling Center
600 W. Church St., Laurinburg, NC 28352
(910) 276-7011

Vocational Rehabilitation Services
6984 NC Hwy. 711 West
Pembroke, NC 28372
(910) 521-4220

Health and Wellness Resources in Scotland County

PHARMACIES

Community Drugs, Inc.
1028 Atkinson St., Laurinburg, NC 28352
(910) 276-6061

Health Innovations Pharmacy
901 S. Main St., Laurinburg, NC 28352
(910) 361-4931

Medical Village Pharmacy of Laurinburg
517 Lauchwood Drive, Laurinburg, NC 28352
(910) 276-1154

Rite Aid Pharmacies - Laurinburg
140 S. Main St., Laurinburg, NC 28352
(910) 276-1058
Scotland Drug Store
140 S. Main St., Laurinburg, NC 28352
(910) 276-3001

Walgreens Pharmacy - Laurinburg
821 Westwood Way, Laurinburg, NC
(910) 277-9097

Walgreens Pharmacy – Maxton
106 E. Dr. Martin Luther King Jr. Dr.
Maxton, NC 28364
(910) 844-3096

RECREATION OPPORTUNITIES

Lumber River State Park (910) 628-4564

Scotland County Parks and Recreation
Scotland Place Civic Center
1210 Turnpike Rd., Laurinburg, NC 28352
(910) 277-2585

Wagram Recreation/Active Living Center
24441 Marlboro St., Wagram, NC 28396
(910) 369-0686

RECYCLING CENTERS

Scotland County Sanitary Landfill
10700 Patterson Rd., Laurinburg, NC 28352
(910) 277-2421

SAFETY/EMERGENCY ASSISTANCE

Police/Sheriff/Fire/Ambulance 911
Emergency Communications (910) 277-3231
Center (Scotland County)
NC Forest Service (910) 276-0455

SMOKING CESSATION

QuitlineNC 1-800-QUIT-NOW
Tobacco Cessation Education (910) 291-6933
Scotland Health Care System
500 Lauchwood Drive, Laurinburg, NC 28352

SUPPORT GROUPS AND PROGRAMS

Alzheimer's Support Group (910) 276-1707
Bereavement/Grief Support (910) 276-7176
Circle of Hope (Cancer) (910) 291-7630
Breastfeeding Mothers Support (910) 291-7802
Diabetes Support/Education (910) 291-6933
Family Caregiver Support (910) 276-7176
Grandparents Raising Children (910) 277-2585
Multiple Sclerosis Support (910) 291-7327
Parkinson's Support Group (910) 277-2782
Scotland County Re-Entry (910) 405-2499
Smoking/Tobacco Cessation (910) 291-6933
Stroke Support Group (910) 291-7800

TRANSPORTATION

Scotland County Area Transit System
(SCATS)
1403 West Blvd., Laurinburg, NC 28352
(910) 277-2416

Braveheart Medical Transport Service
Turnpike Rd., Laurinburg, NC 28352
(910) 277-8003

UTILITIES PROGRAMS - ASSISTANCE

Church Community Services (910) 276-8330
212 Biggs St., Laurinburg, NC 28352

Department of Social Services (910) 277-2500
LEAP Program
1405 West Blvd., Laurinburg, NC 28352

Southeastern Community & Family Service
The Oaks Professional Building, Laurinburg
(910) 277-3500

Duke Energy Power Outage 800-419-6356
City of Laurinburg Public Works 910-276-2364
Lumbee River EMC 800-683-5571

VETERANS SERVICES

Scotland County Veterans Service
507 W Covington St., Laurinburg, NC 28352
(910) 277-2597

VA Hospital Fayetteville 800-771-6106
(910) 488-2120

Health and Wellness Resources in Scotland County

VETERANS SERVICES, con't

Fayetteville VA Medical Center
Homeless Program 800-771-6106

National Call Center for Homeless Veterans
877-424-3838

US Department of Veterans Affairs
800-827-1000

VA Outpatient Clinic of Hamlet
(910) 582-3536

WHEELCHAIR RAMPS/PROGRAMS

Scotland Place Senior Center
1210 Turnpike Rd., Laurinburg, NC 28352
(910) 277-2585

Independent Living Program 888-258-1473
(910) 486-1717

Saint Luke United Methodist Church
1501 S. Turnpike Rd., Laurinburg, NC 28352
(910) 276-6821

VOCATIONAL REHABILITATION

Lumbee Tribal Vocational Rehab Services
6984 NC Hwy. 711 W
Pembroke, NC 28372
(910) 521-4220

VOLUNTEER OPPORTUNITIES

AARP Scotland County (910) 277-2585

Active Healthy Living Partnership (910) 277-2470
Ext. 4478

American Red Cross (910) 276-0600

Habitat for Humanity (910) 276-3337

Scotland Regional Hospice (910) 276-7176

Meals on Wheels (910) 618-5533

Partners In Ministry (910) 277-3355

Scotia Village (910) 277-2000

Scotland County Memorial
Library (910) 276-0563

Scotland County Literacy
Council (910) 276-7007

Scotland County Re-entry
Council - Hotline (910) 405-2499

Scotland Place Senior Center (910) 277-2585

Scotland County Schools (910) 276-1138

Scotland Health Care System (910) 291-7842

Wagram Active Living Center (910) 369-0686

WALKING TRAILS – SCOTLAND COUNTY

Scotland County Parks and Recreation
(walking trail maps and information)
1210 Turnpike Rd., Laurinburg, NC 28352
(910) 277-2585

Scotland Memorial Hospital's FIT Trail
500 Lauchwood Drive, Laurinburg, NC 28352
(910) 291-6933

Health and Wellness Resources in Scotland County

Health Resource Links:

- <https://www.quitlinenc.com>
 - <https://www.lung.org/stop-smoking>
 - <https://www.mentalhealth.gov>
 - <https://www.eastpointe.net>
 - <https://www.diabetes.org>
 - www.morethanagamenc.com
 - <https://www.cdc.gov>
 - <https://www.hiv.gov>
 - <https://www.cancer.org>
 - <https://eatsmartmovemorenc.com>
 - <https://choosemyplate.gov>
 - <https://samhsa.gov>
 - <https://www.alz.org>
 - <https://www.cdc.gov/disasters/extremeheat/index.html>
 - <https://offspring.lifehacker.com/what-parents-need-to-know-about-juuling-1823376027>
 - <https://www.ncdhhs.gov/divisions/mhddsas>
 - <https://www.ncminorityhealth.org>
 - <https://www.publichealth.nc.gov/>
 - <https://www.shiftnc.org>
 - <https://safetosleep.nichd.nih.gov/>
 - <https://wicbreastfeeding.fns.usda.gov>
 - www.fema.gov
 - www.epi.publichealth.nc.gov/phpr
 - www.cdc.gov/healthyweight
 - www.health.gov
 - www.americanheart.org
 - www.lockyourmeds.org/nc
 - www.alcoholdrughelp.org
 - www.morepowerfulnc.org
 - www.ourchildrensplace.com
 - <https://maketheconnection.net>
- www.scotlandcounty.org
 - www.scotlandcounty.org/765/Reentry-Program
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Rev. June 2020
Health Education Dept.
Scotland County Health Department
(910) 277-2440